



School of Inner Cultivation and Healing



For the first time, Master Sang Kim is teaching the complete SUN SHEN Inner Cultivation and Healing System publicly, mentoring a group of students in an intimate, hands-on format. You will be receiving individual instruction each class, and have the opportunity to apply your learning with clients in a real world setting, with feedback from Master Kim and senior students.

You will be able to use these techniques immediately with friends, family, and yourself. At the end of your training you would have the tools and certification to see clients and practice professionally.

The SUN SHEN Healing System



The SUN SHEN Healing System is an integrated System which incorporates spiritual counseling, Tai-Chi and energy healing to resolve physical, emotional and spiritual problems. Through Tai-Chi it works with the meridians, acupuncture points, and energy fields of a human being to release blockage, which leads to integration of the unconscious and insight into the psyche. In conjunction, through counseling based on non-dual principles, it helps you piece together information that you could not see before, things you have been feeling but have not been able to name yourself.

The work gives you clarity as to who you are, which has been hidden in the unconscious, so you can recognize it, and find clear actions and create solutions for your lives. This comprehensive approach works with a client's lifestyle, energy system, physiology, spiritual and emotional state.

The most important thing you will be learning is starting from the first class the correlation between the mind and body. You will see how when you adjust the body, immediately the way the client feels will change, or how when the mind is adjusted, how their body will change instantly. Being able to see this direct correlation will be a life changing experience as a student and as a practitioner. The mind-body correlation will no longer be a theory, but a practical reality, where the practitioner doesn't have to wait for a long term effect, but can see immediate results.

Class Information

The Class is on-going, with students of varying backgrounds and levels of experience. You may join at any point in the curriculum.

Cost: \$300/month, Work Study available.

Class Time: 4 ½ Hours of weekly class time / hands on practice with Master Kim and Senior Students.

Classes are held: weekly on Thursdays, 10:30am – 12:30pm and Fridays, 3:15pm to 5:30pm. Every 4th week is a break week and there is no class.

Attendance: Please note: this is a program for committed students who would like to learn the entire SUN SHEN Inner Cultivation and Healing System, and you would be committed to attending all classes, except in case of emergency or certain pre-arranged circumstances.

For more information and registration, please contact Alexis Neuhaus at alexis@sunshen.org / 734-845-9786.

What You Will be Learning

The Basics - Chi and Interaction

1. General Introduction to SUN SHEN healing
2. Enjoying the opportunity that presents itself
3. Class Etiquette: Respect, Commitment, Dust Gathering into Mountain
4. Cultivation, Development and Growth, Part 1
5. Cultivation, Development and Growth, Part 2 - Cultural Context
6. Client Etiquette (Etiquette towards Teacher, to all)
7. How to see this whole thing as a Mystic Experience

The Foundation / Central Column

8. Intro to Central Column: Awakening
9. 3 Dantiens and their significance
10. Chakras (The centers in between the Dantiens)
11. Listening Part 1 - Energy
12. Listening Part 2 - Review, Q & A
13. Listening Part 3 - Touch
14. Listening Part 4 - Review, Q & A
15. Shen → Yi → Chi → Xue → Li - Part 1: SHEN
16. Shen → Yi → Chi → Xue → Li - Part 2: YI
17. Shen → Yi → Chi → Xue → Li - Part 3: CHI
18. Shen → Yi → Chi → Xue → Li - Part 4: SHUE
19. Shen → Yi → Chi → Xue → Li - Part 5: LI
20. CBARS - Consciousness
21. CBARS - Breathing
22. CBARS - Alignment
23. CBARS - Relaxation
24. CBARS - Synchronous Movement
25. Tying it all together
26. Tying it all together even further

The Pathway - Great Heavenly Circle

27. Small Heavenly Circle
28. Great Heavenly Circle
29. The Way = Natural Intelligence Part 1
30. The Way = Natural Intelligence, Part 2
31. The Way = Natural Intelligence, Part 3
32. The Way = Natural Intelligence, Part 4
33. The Way = Natural Intelligence, Part 5
34. The Way = Natural Intelligence, Part 6
35. The Way = Natural Intelligence, Part 7
36. Great Heavenly Circle Part 1
37. Great Heavenly Circle Part 2
38. Great Heavenly Circle Part 3
39. Great Heavenly Circle Part 4
40. Great Heavenly Circle Part 5
41. Great Heavenly Circle Part 6
42. Great Heavenly Circle Part 7
43. Great Heavenly Circle Part 8
44. Great Heavenly Circle Part 9
45. Great Heavenly Circle Part 10
46. Great Heavenly Circle Part 11
47. Great Heavenly Circle Part 12
48. Great Heavenly Circle Part 13
49. Integration - The River Flows = Joint, Part 1: Neck
50. Integration - The River Flows = Joint, Part 2: Arms
51. Integration - The River Flows = Joint, Part 3: Legs

Fields

52. Matching Frequencies
53. 3 Fields
54. 7 Colors, 7 Fields
55. Clearing the Rivers (meridians)
56. Astral Body Healing

57. A different dimension
58. Past Lives
59. Karmic Lines
60. Shapes
61. Lineages
62. Angels
63. Entities and Holy Objects
64. Sound & Chanting
65. Distance Healing

Business:

65. No debt Policy
66. Power of Generosity and Marketing
67. Power of Clear Boundaries
68. As a whole System
69. It's not about what you want, but about addressing a need